**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR ONE SEMESTER ONE EXAMINATION**

**SEPTEMBER 2015 KRCHN CLASS (PRE-SERVICE)**

**HEALTH PROMOTION EXAMINATION**

DATE: 29 MARCH 2016 TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
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**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) HEALTH PROMOTION– 5 MARKS**

Q.1. Which of the following is the components of effective communication arranged in order:

1. Message, medium, receiver, feedback and audience.
2. Message, sender, medium, audience and aids.
3. Message, audience, receiver, feedback and aids.
4. Message, sender, medium, receiver and feedback.

Q.2. Adult learning is:

1. Andragogy.
2. Value of the process of learning.
3. The emphasis of assumptions about how learning is challenging.
4. How adults learn.

Q.3. Two of the following are considered as the principles of adult learning:

1. Adults to be respected and develops rapport.
2. Adults are practical and allows reasoning and feedback.
3. Adults are goal oriented and relevancy oriented.
4. Adults are internally motivated and teacher directed.

Q.4. Relevancy of the teaching aids is:

1. A factor to consider in evaluating teaching aids.
2. A factor to consider when choosing teaching aids.
3. A factor that bridges the gap time and space.
4. A factor that motivates the learner.

Q.5. What is the ultimate purpose of health education program?

1. Advocacy to create the essential conditions for health.
2. Promotion of health and prevention of diseases by educating individuals.
3. To help individuals make intelligent decisions and to behave accordingly with regard to their own health.
4. Creating environment that are supportive of health.

**PART TWO: SHORT ANSWER QUESTIONS –HEALTH PROMOTION – 25 MARKS**

Q.1. Define the following terms:

1. Health (as defined by WHO). 2 marks

State of complete physical, mental and social-wellbeing and not merely absence of diseases and infirmity.

1. Health promotion. 1 mark

Is the process of enabling people increase control over and to improve their health.

Q.2. Describe five (5) steps followed (in order sequence) to ensure proper use of

teaching aids. 10 marks

Q.3. Describe the process of health education design. 10 marks

Q.4. Name four (4) non-projected teaching aids. 2 marks